

Non-exhaustive list

Our list of fibers specialities

Apple	Malus domestica b.	40μM- >70% fibers
Buckwheat	Fagopyrum esculentum	20μM- >85% fibers
Cacao	Theobroma cacao	40μM / >60% fibers
Oat	Avena sativa L.	20μM / >60% fibers
Pea	Pisum sativum	100μM- >80% fibers
Psyllium	Plantago ovata	flakes 95% purity / powder 99% purity / >80% fibers
Rye	Secale cereale	40μM- >30% fibers

ORIGIN OF OUR FIBERS SPECIALITIES

Plant fibers correspond to non-digestible parts of plants. In general, they are non starch polysaccharides and oligosaccharides.

Generally classified as "soluble" or "insoluble" fibers, vegetable fibers are naturally contained in fruits, vegetables and whole grains. It is recommended to consume about 21 to 38 grams daily (depending on gender, age, etc.) for good health.

ADVANTAGES OF OUR FIBERS SPECIALITIES

The fibers are recognized for the improvement of the digestive sphere, cardiovascular protection, strengthening immunity, ... They are also more and more used in the food and food supplement industies for their technical and functional properties.

We offer 100% natural plant fibers without chemical treatment.





